

Advanced Cardiovascular Life Support
**Adult High-Quality BLS
Skills Testing Checklist**



Student Name _____ Date of Test _____

Hospital Scenario: "You are working in a hospital or clinic, and you see a person who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."

Prehospital Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

- Checks responsiveness Shouts for help/Activates emergency response system/Sends for AED
- Checks breathing Checks pulse

Once student shouts for help, instructor says, "I am going to get the AED."

Compressions *Audio/visual feedback device required for accuracy*

- Hand placement on lower half of sternum
- Perform continuous compressions for 2 minutes (100-120/min)
- Compresses at least 2 inches (5 cm)
- Complete chest recoil. (Optional, check if using a feedback device that measures chest recoil)

Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."

AED (follows prompts of AED)

- Powers on AED Correctly attaches pads Clears for analysis Clears to safely deliver a shock
- Safely delivers a shock Shocks within 45 seconds of AED arrival

Resumes Compressions

- Ensures compressions are resumed immediately after shock delivery
 - Student directs instructor to resume compressions *or*
 - Second student resumes compressions

STOP TEST

Instructor Notes

- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation:

<input type="checkbox"/> PASS	<input type="checkbox"/> NR
--------------------------------------	------------------------------------

Instructor Initials _____ Instructor Number _____ Date _____

Airway Management Skills Testing Checklist



Student Name _____ Date of Test _____

<i>Critical Performance Steps</i>	Check if done correctly
BLS Assessment and Interventions	
Checks for responsiveness • Taps and shouts, "Are you OK?"	
Activates the emergency response system • Shouts for nearby help/Activates the emergency response system and gets the AED <i>or</i> • Directs second rescuer to activate the emergency response system and get the AED	
Checks breathing • Scans chest for movement (5-10 seconds)	
Checks pulse (5-10 seconds) Breathing and pulse check can be done simultaneously Notes that pulse is present and does not initiate chest compressions or attach AED	
Inserts oropharyngeal or nasopharyngeal airway	
Administers oxygen	
Performs effective bag-mask ventilation for 1 minute • Gives proper ventilation rate (once every 6 seconds) • Gives proper ventilation speed (over 1 second) • Gives proper ventilation volume (about half a bag)	

STOP TEST

Instructor Notes <ul style="list-style-type: none"> Place a check in the box next to each step the student completes successfully. If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation). 	
Test Results Check PASS or NR to indicate pass or needs remediation:	<input type="checkbox"/> PASS <input type="checkbox"/> NR
Instructor Initials _____ Instructor Number _____ Date _____	

Megacode Testing Checklist: Scenarios 1/3/8

Bradycardia → Pulseless VT → PEA → PCAC



Student Name _____ Date of Test _____

Critical Performance Steps						Check if done correctly
Team Leader						
Assigns team member roles						
Ensures high-quality CPR at all times	Compression rate 100-120/min <input type="checkbox"/>	Compression depth of ≥2 inches <input type="checkbox"/>	Chest compression fraction >80% <input type="checkbox"/>	Chest recoil (optional) <input type="checkbox"/>	Ventilation (optional) <input type="checkbox"/>	
Ensures that team members communicate well						
Bradycardia Management						
Starts oxygen if needed, places monitor, starts IV						
Places monitor leads in proper position						
Recognizes symptomatic bradycardia						
Administers correct dose of atropine						
Prepares for second-line treatment						
Pulseless VT Management						
Recognizes pVT						
Clears before analyze and shock						
Immediately resumes CPR after shocks						
Appropriate airway management						
Appropriate cycles of drug–rhythm check/shock–CPR						
Administers appropriate drug(s) and doses						
PEA Management						
Recognizes PEA						
Verbalizes potential reversible causes of PEA (H's and T's)						
Administers appropriate drug(s) and doses						
Immediately resumes CPR after rhythm checks						
Post-Cardiac Arrest Care						
Identifies ROSC						
Ensures BP and 12-lead ECG are performed and O ₂ saturation is monitored, verbalizes need for endotracheal intubation and waveform capnography, and orders laboratory tests						
Considers targeted temperature management						

STOP TEST

Test Results	Check PASS or NR to indicate pass or needs remediation:	<input type="checkbox"/> PASS	<input type="checkbox"/> NR
Instructor Initials _____	Instructor Number _____	Date _____	

Learning Station Competency
<input type="checkbox"/> Bradycardia <input type="checkbox"/> Tachycardia <input type="checkbox"/> Cardiac Arrest/Post-Cardiac Arrest Care <input type="checkbox"/> Megacode Practice

Megacode Testing Checklist: Scenarios 2/5

Bradycardia → VF → Asystole → PCAC



Student Name _____ Date of Test _____

Critical Performance Steps						Check if done correctly
Team Leader						
Assigns team member roles						
Ensures high-quality CPR at all times	Compression rate 100-120/min <input type="checkbox"/>	Compression depth of ≥2 inches <input type="checkbox"/>	Chest compression fraction >80% <input type="checkbox"/>	Chest recoil (optional) <input type="checkbox"/>	Ventilation (optional) <input type="checkbox"/>	
Ensures that team members communicate well						
Bradycardia Management						
Starts oxygen if needed, places monitor, starts IV						
Places monitor leads in proper position						
Recognizes symptomatic bradycardia						
Administers correct dose of atropine						
Prepares for second-line treatment						
VF Management						
Recognizes VF						
Clears before analyze and shock						
Immediately resumes CPR after shocks						
Appropriate airway management						
Appropriate cycles of drug–rhythm check/shock–CPR						
Administers appropriate drug(s) and doses						
Asystole Management						
Recognizes asystole						
Verbalizes potential reversible causes of asystole (H's and T's)						
Administers appropriate drug(s) and doses						
Immediately resumes CPR after rhythm checks						
Post-Cardiac Arrest Care						
Identifies ROSC						
Ensures BP and 12-lead ECG are performed and O ₂ saturation is monitored, verbalizes need for endotracheal intubation and waveform capnography, and orders laboratory tests						
Considers targeted temperature management						

STOP TEST

Test Results	Check PASS or NR to indicate pass or needs remediation:	<input type="checkbox"/> PASS	<input type="checkbox"/> NR
Instructor Initials _____	Instructor Number _____	Date _____	

Learning Station Competency
<input type="checkbox"/> Bradycardia <input type="checkbox"/> Tachycardia <input type="checkbox"/> Cardiac Arrest/Post-Cardiac Arrest Care <input type="checkbox"/> Megacode Practice

Megacode Testing Checklist: Scenarios 4/7/10

Tachycardia → VF → PEA → PCAC



Student Name _____ Date of Test _____

Critical Performance Steps						Check if done correctly
Team Leader						
Assigns team member roles						
Ensures high-quality CPR at all times	Compression rate 100-120/min <input type="checkbox"/>	Compression depth of ≥2 inches <input type="checkbox"/>	Chest compression fraction >80% <input type="checkbox"/>	Chest recoil (optional) <input type="checkbox"/>	Ventilation (optional) <input type="checkbox"/>	
Ensures that team members communicate well						
Tachycardia Management						
Starts oxygen if needed, places monitor, starts IV						
Places monitor leads in proper position						
Recognizes unstable tachycardia						
Recognizes symptoms due to tachycardia						
Performs immediate synchronized cardioversion						
VF Management						
Recognizes VF						
Clears before analyze and shock						
Immediately resumes CPR after shocks						
Appropriate airway management						
Appropriate cycles of drug–rhythm check/shock–CPR						
Administers appropriate drug(s) and doses						
PEA Management						
Recognizes PEA						
Verbalizes potential reversible causes of PEA (H's and T's)						
Administers appropriate drug(s) and doses						
Immediately resumes CPR after rhythm checks						
Post-Cardiac Arrest Care						
Identifies ROSC						
Ensures BP and 12-lead ECG are performed and O ₂ saturation is monitored, verbalizes need for endotracheal intubation and waveform capnography, and orders laboratory tests						
Considers targeted temperature management						

STOP TEST

Test Results	Check PASS or NR to indicate pass or needs remediation:	<input type="checkbox"/> PASS	<input type="checkbox"/> NR
Instructor Initials _____	Instructor Number _____	Date _____	

Learning Station Competency
<input type="checkbox"/> Bradycardia <input type="checkbox"/> Tachycardia <input type="checkbox"/> Cardiac Arrest/Post-Cardiac Arrest Care <input type="checkbox"/> Megacode Practice

Megacode Testing Checklist: Scenarios 6/11

Bradycardia → VF → PEA → PCAC



Student Name _____ Date of Test _____

Critical Performance Steps						Check if done correctly
Team Leader						
Assigns team member roles						
Ensures high-quality CPR at all times	Compression rate 100-120/min <input type="checkbox"/>	Compression depth of ≥2 inches <input type="checkbox"/>	Chest compression fraction >80% <input type="checkbox"/>	Chest recoil (optional) <input type="checkbox"/>	Ventilation (optional) <input type="checkbox"/>	
Ensures that team members communicate well						
Bradycardia Management						
Starts oxygen if needed, places monitor, starts IV						
Places monitor leads in proper position						
Recognizes symptomatic bradycardia						
Administers correct dose of atropine						
Prepares for second-line treatment						
VF Management						
Recognizes VF						
Clears before analyze and shock						
Immediately resumes CPR after shocks						
Appropriate airway management						
Appropriate cycles of drug–rhythm check/shock–CPR						
Administers appropriate drug(s) and doses						
PEA Management						
Recognizes PEA						
Verbalizes potential reversible causes of PEA (H's and T's)						
Administers appropriate drug(s) and doses						
Immediately resumes CPR after rhythm checks						
Post-Cardiac Arrest Care						
Identifies ROSC						
Ensures BP and 12-lead ECG are performed and O ₂ saturation is monitored, verbalizes need for endotracheal intubation and waveform capnography, and orders laboratory tests						
Considers targeted temperature management						

STOP TEST

Test Results	Check PASS or NR to indicate pass or needs remediation:	<input type="checkbox"/> PASS	<input type="checkbox"/> NR
Instructor Initials _____ Instructor Number _____ Date _____			

Learning Station Competency
<input type="checkbox"/> Bradycardia <input type="checkbox"/> Tachycardia <input type="checkbox"/> Cardiac Arrest/Post-Cardiac Arrest Care <input type="checkbox"/> Megacode Practice

Megacode Testing Checklist: Scenario 9

Tachycardia → PEA → VF → PCAC



Student Name _____ Date of Test _____

Critical Performance Steps						Check if done correctly
Team Leader						
Assigns team member roles						
Ensures high-quality CPR at all times	Compression rate 100-120/min <input type="checkbox"/>	Compression depth of ≥2 inches <input type="checkbox"/>	Chest compression fraction >80% <input type="checkbox"/>	Chest recoil (optional) <input type="checkbox"/>	Ventilation (optional) <input type="checkbox"/>	
Ensures that team members communicate well						
Tachycardia Management						
Starts oxygen if needed, places monitor, starts IV						
Places monitor leads in proper position						
Recognizes tachycardia (specific diagnosis)						
Recognizes no symptoms due to tachycardia						
Considers appropriate initial drug therapy						
PEA Management						
Recognizes PEA						
Verbalizes potential reversible causes of PEA (H's and T's)						
Administers appropriate drug(s) and doses						
Immediately resumes CPR after rhythm check and pulse checks						
VF Management						
Recognizes VF						
Clears before analyze and shock						
Immediately resumes CPR after shocks						
Appropriate airway management						
Appropriate cycles of drug–rhythm check/shock–CPR						
Administers appropriate drug(s) and doses						
Post-Cardiac Arrest Care						
Identifies ROSC						
Ensures BP and 12-lead ECG are performed and O ₂ saturation is monitored, verbalizes need for endotracheal intubation and waveform capnography, and orders laboratory tests						
Considers targeted temperature management						

STOP TEST

Test Results	Check PASS or NR to indicate pass or needs remediation:	<input type="checkbox"/> PASS	<input type="checkbox"/> NR
Instructor Initials _____	Instructor Number _____	Date _____	

Learning Station Competency
<input type="checkbox"/> Bradycardia <input type="checkbox"/> Tachycardia <input type="checkbox"/> Cardiac Arrest/Post-Cardiac Arrest Care <input type="checkbox"/> Megacode Practice

Megacode Testing Checklist: Scenario 12

Bradycardia → VF → Asystole/PEA → PCAC



Student Name _____ Date of Test _____

Critical Performance Steps						Check if done correctly
Team Leader						
Assigns team member roles						
Ensures high-quality CPR at all times	Compression rate 100-120/min <input type="checkbox"/>	Compression depth of ≥2 inches <input type="checkbox"/>	Chest compression fraction >80% <input type="checkbox"/>	Chest recoil (optional) <input type="checkbox"/>	Ventilation (optional) <input type="checkbox"/>	
Ensures that team members communicate well						
Bradycardia Management						
Starts oxygen if needed, places monitor, starts IV						
Places monitor leads in proper position						
Recognizes symptomatic bradycardia						
Administers correct dose of atropine						
Prepares for second-line treatment						
VF Management						
Recognizes VF						
Clears before analyze and shock						
Immediately resumes CPR after shocks						
Appropriate airway management						
Appropriate cycles of drug–rhythm check/shock–CPR						
Administers appropriate drug(s) and doses						
Asystole and PEA Management						
Recognizes asystole and PEA						
Verbalizes potential reversible causes of asystole and PEA (H’s and T’s)						
Administers appropriate drug(s) and doses						
Immediately resumes CPR after rhythm checks						
Post-Cardiac Arrest Care						
Identifies ROSC						
Ensures BP and 12-lead ECG are performed and O ₂ saturation is monitored, verbalizes need for endotracheal intubation and waveform capnography, and orders laboratory tests						
Considers targeted temperature management						

STOP TEST

Test Results	Check PASS or NR to indicate pass or needs remediation:	<input type="checkbox"/> PASS	<input type="checkbox"/> NR
Instructor Initials _____	Instructor Number _____	Date _____	

Learning Station Competency
<input type="checkbox"/> Bradycardia <input type="checkbox"/> Tachycardia <input type="checkbox"/> Cardiac Arrest/Post-Cardiac Arrest Care <input type="checkbox"/> Megacode Practice